



Size Chart Body Measurements

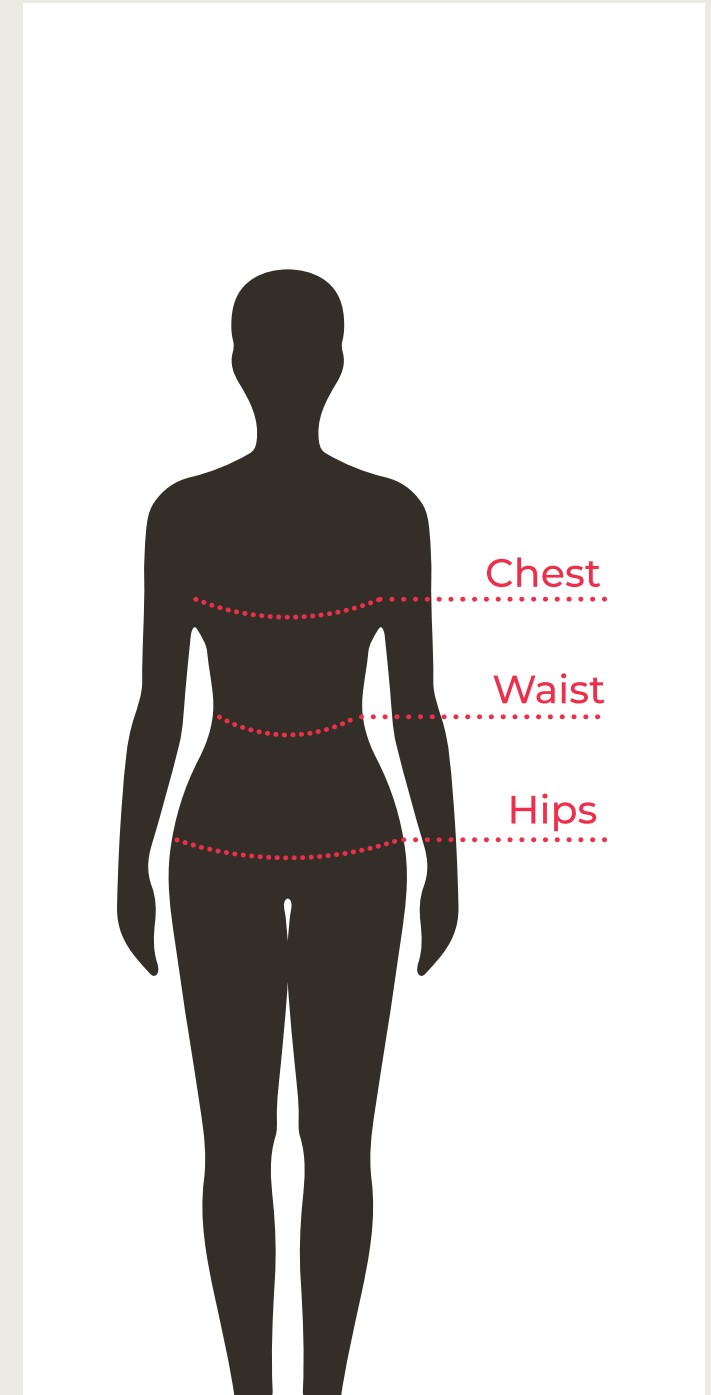
Chest: Measure around the widest part of the chest.

Waist: Measure around the narrowest part, usually at the lower back where the body bends to the side.

Hip: Measure around the widest part of the hips.

| Women | XS | S | M | L | XL |
|-------|----------|----------|-----------|------------|------------|
| Chest | 78-84 cm | 84-90 cm | 90-96 cm | 96-103 cm | 103-110 cm |
| Waist | 61-67 cm | 67-73 cm | 73-79 cm | 79-86 cm | 86-93 cm |
| Hip | 87-93 cm | 93-99 cm | 99-105 cm | 105-112 cm | 112-119 cm |

| Men/ Unisex | XS | S | M | L | XL | XXL | XXXL |
|----------------|----------|----------|-----------|------------|------------|------------|------------|
| Chest | 84-90 cm | 90-96 cm | 96-102 cm | 102-110 cm | 110-118 cm | 118-126 cm | 126-134 cm |
| Waist | 68-75 cm | 75-83 cm | 83-89 cm | 89-97 cm | 97-105 cm | 105-113 cm | 113-121 cm |
| Hip | 86-92 cm | 92-98 cm | 98-104 cm | 104-110 cm | 110-116 cm | 116-112 cm | 122-130 cm |

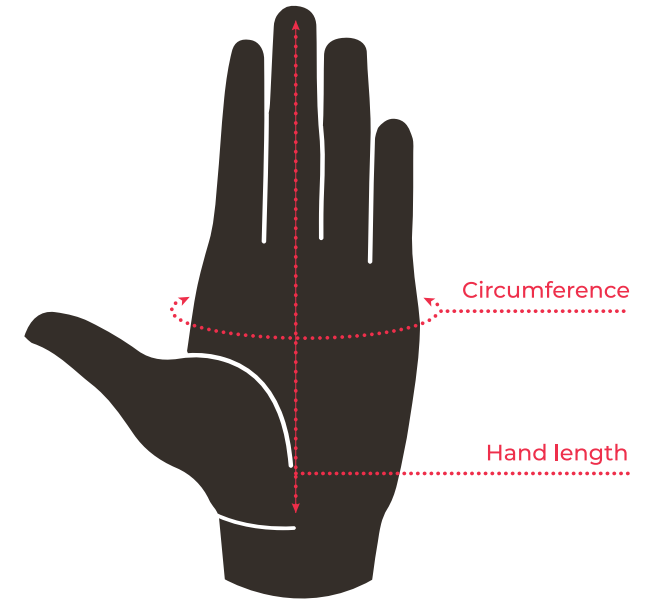




Size Chart Gloves/Mittens

Hand length: With the hand open, measure from the tip of the middle finger down to the crease between the palm and the wrist.

Circumference: With the hand open, measure around the circumference of the hand over the knuckles.



| Gloves/Mittens | | | | | | |
|----------------|--------|--------|--------|--------|--------|--------|
| US Size | XS | S | M | L | XL | XXL |
| EU Size | 6 | 7 | 8 | 9 | 10 | 11 |
| Circumference | 181 mm | 194 mm | 206 mm | 219 mm | 231 mm | 244 mm |
| Length | 165 mm | 176 mm | 187 mm | 198 mm | 209 mm | 220 mm |



Size Chart Socks

| Socks | | |
|-------|-------|-------|
| SIZE | EU | UK |
| XS | 34-36 | 2-3 |
| S | 37-39 | 4-6 |
| M | 40-42 | 7-9 |
| L | 43-45 | 10-12 |





Size Chart Gloves/Mittens

The Heated Insoles come in four different sizes. Each size can be cut to fit your shoes, within the limits given in the size table. Take out your existing insoles from the shoe(s) you plan to use your heated insoles in, and measure the length to make sure you choose the right size.

| Insoles | | | |
|---------|----|------|--------------|
| SIZE | EU | UK | LENGTH IN MM |
| S | 35 | 2,5 | 231 |
| | 36 | 3 | 238 |
| | 37 | 4 | 244 |
| M | 38 | 5 | 251 |
| | 39 | 6 | 258 |
| | 40 | 6,5 | 265 |
| L | 41 | 7 | 271 |
| | 42 | 8 | 278 |
| | 43 | 9 | 284 |
| XL | 44 | 9,5 | 292 |
| | 45 | 10,5 | 298 |
| | 46 | 11 | 305 |

